**Subicare Cookbook 2019**

We are putting together a cookbook with all of the kid’s (and our) favourite recipes! The book will be for sale to raise money to help fund the new playground for the Rainbow room. Recipes can be for food but also activities (e.g. play dough). To submit a recipe fill out this form and drop it off in the office or email it to [gweybrecht@gmail.com](mailto:gweybrecht@gmail.com). Submit as many as you like (one recipe per form please).

Don’t forget to double-check everything please. A big thank you in advance for all your contributions!

**Contact Details** (For double-checking the recipe. We will print your child’s first name with your recipe)

**Your Name**: Click here to enter text. **Email**: Click here to enter text.

**Child’s Name**: Click here to enter text. **Room** (and year if past): Click here to enter text.

**Name of recipe**: Click here to enter text.

**Time to make it (approx.)**:Click here to enter text.

**Serves (approx.)**: Click here to enter text.

**Type**: Activity  Drink  Snack  Main  Breakfast  Dessert  Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Nationality of Dish** (if any): Click here to enter text. **Age Group** (if any): Click here to enter text.

**BACKGROUND:** Is there a story behind this recipe? Why it is special to you. Just a sentence or two…

**INGREDIENTS:**

List ingredients in the order they are used and be sure to include specific amounts/sizes.

**DIRECTIONS:**

**NOTES:**

Any tips for this recipe (e.g. can be kept/if it can be frozen, can be it be adapted for younger/older kids, if ingredients can be replaced etc.).

Thank you!