

MARCH 12th 2021

THE SCOOP



SUBICARE EARLY LEARNING CENTRE'S FORTNIGHTLY NEWSLETTER

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Have you used our community library yet?

We have recently had some donations so there are a few titles to browse through for both children and adults.

If you see a book you like you can borrow it and return it when you're done, pass it along to a friend or even replace it with a book you're finished with, for someone else to enjoy.





Subicare is proud to offer a recycling station for the convenience of our community.

The recycling station is a quick and convenient way to further support our community with their sustainability and recycling efforts. Being environmentally responsible is something we are passionate about here at Subicare and we hope this station makes it easier for you to join us in being environmentally responsible.



This station is home to 4 different compartments:

- Used coffee pods
- Ink & toner cartridges
- Light bulbs & batteries
- Eligible containers for the Containers for Change scheme

Simply drop your goods to be recycled in to the correct compartment and we will do the rest!





Senior Space re-starts on Thursday 25 February

Welcome back to the City of Subiaco's free,
weekly rotating program of social activities and events.
Meet old friends and new or simply enjoy a cup of tea or coffee.



Where: Tom Dadour Community Centre, 363 Bagot Road, Subiaco

When: Thursdays from 9am to 12pm

Activities: Chatty Table, Scrabble, Knit Wits, Computer Basics with Beconnected, Music Moments, Movies, Project Woodworking and Greenfingers Patio Gardening

Events: The Grey Escape and The Furnace movies, music therapy workshop, trishaw rides in Kings Park, paper and photo conservation presentation.

For further details, visit www.subiaco.wa.gov.au/Things-to-do-in-Subi/events or call 9237 9339.



Music Pharmacy

Music Pharmacy with Brightwater

Date: Thursday 22 April 2021
Time: 10.00am – 11.00am
Venue: Tom Dadour Community Centre,
363 Bagot Road, Subiaco.
Cost: FREE – registration is essential
RSVP: Please register at www.subiaco.wa.gov.au/events
or at the City's administration building. Contact the City's
Positive Ageing Officer on, 9237 9339, if you do not have
access to online bookings.

Music Pharmacy is Brightwater's successful program, delivered by Hayley Antipas, music therapist.

Music can encourage verbal communication, improve alertness and stimulate memories.

It can also reduce feelings of pain and distress and improve cognition.

Come and join us to experience how music can enhance your health and life.

COVID-19 regulation applies to this event.



HARMONY WEEK

Harmony Week celebrates Australia's cultural diversity.

It's about inclusiveness, respect and a sense of belonging for everyone.

As part of our celebrations, each day during Harmony Week, we will be offering food from different countries.

The countries selected are predominant ethnicities at Subicare and we look forward to sharing food from different cultures together.



Harmony Week Menu

Monday - Japanese

Tuesday - French

Wednesday - Chinese

Thursday - Middle Eastern

Friday - Australian



Watch This Space!

We have some exciting news to share, we are currently busy finalising details for a fundraiser with personalised/engraved pavers.

Families will have the opportunity to purchase pavers and support Subicare's fundraising efforts.

More details to follow shortly.



**FUNDRAISING
WITH
ENGRAVED
PAVERS**



social media



www.facebook.com/SubicareELC



www.instagram.com/subicareelc

